



## 26.2 Krazy Kool Things to do This Summer!

- 1 Start training for Marathon Kids 2011-2012! Run a little bit each day, and make sure to stay hydrated!
- 2 Go for a bike ride in Brazos Bend State Park! Don't forget to wear your helmet!
- 3 FREE admission to the Houston Zoo, first Tuesday of every month! 2 pm - closing
- 4 Enjoy live music, local food, and info on living "green"! June 18<sup>th</sup> at Spirit Key - FREE!
- 5 Throw some veggies on the barbeque tonight! Grilled peppers, onions, mushrooms, corn-on-the-cob! Yum!
- 6 Enjoy a swim at one of Houston's 39 public pools! Details at <http://www.houstontx.gov/parks/aquatics>
- 7 Spend the day at the Blue Barn Fun Farm! Take a hayride, learn how to milk a cow, and more for Free!
- 8 Take a night hike with the family at Nature Discovery Center - don't forget a flashlight! \$5/ person
- 9 FREE Crafts & Activities at Lakeshore Learning Center - 2405 Post Oak Blvd; Houston, TX 77056
- 10 Cool off with a day at Tiki Lake! Swimming, volleyball, tube rentals, and picnic areas! \$10/adults, \$5/kids
- 11 Jump rope! Have a contest with your friends to see who can jump the longest!
- 12 Check out summer Youth Sports at your local Parks & Rec Department! Track, soccer, tennis, and more!
- 13 Take your dog for a walk! Don't have one? Offer to take your neighbor's dog!
- 14 Check out a Houston Astros game on Family Sundays! Kid Zone 11:30am - 1:30pm in Union Station lobby!
- 15 Enjoy a healthy picnic dinner at the Miller Outdoor Theater. FREE performances all summer long!
- 16 Free "First Sundays" (1<sup>st</sup> Sunday of the month) at the Museum of Fine Arts. Family activities 1pm-5pm
- 17 Pour your favorite 100% fruit juice into a paper cup, add a popsicle stick, and freeze for a healthy treat!
- 18 Check out the hands-on exhibits at the Houston Children's Museum. Free on Thursdays, 5 pm-8 pm
- 19 Grab some local produce and listen to some LIVE music at Pearland Farmer's Market at Zychlinski Park.
- 20 Enjoy a 2.9-mile walk with your family at Memorial Park.
- 21 Free Skate at Clinton Skatepark, 10am-6pm on weekdays. All ages welcome!
- 22 Start your morning with a dance party to your favorite song! You'll be dancing all day!
- 23 Saturdays are for stargazing at George Observatory! FREE for kids 12 and under, \$5 for adults
- 24 Go for a bird hike at the Edith L. Moore Nature Center! Trail maps at [www.houstonaudobon.org](http://www.houstonaudobon.org)
- 25 Get the blender out (with your parents help) - mix nonfat yogurt, fruit, and ice together for a smoothie!
- 26 Visit your local library and check out a book on running!
- 26.2 Take a walk around the block with your family after dinner instead of watching TV.



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